## **Preventive Care Goals**

## Need a referral?

## OCNurse@Adventhealth.com

For assistance with locating an in-network PCP, call 1-800-244-6224, log into <a href="https://www.myCigna.com">www.myCigna.com</a>



GOAL	REPORTING	POINTS	MAXIMUM
Health Assessment On myCigna.com	Automatically	20	Max of 1
Screening – Breast Cancer Video: Mammogram - What to Expect	Automatically	20	Max of 1
Mobile Mammography Look for communications throughout the year at a variety of workforce locations.			
More information Here			
Screening – Colon Cancer Colonoscopy or Cologuard Accepted for this Goal Video: Colonoscopy - What to Expect Cologuard is an option for adults 45 and older at average risk for colon cancer. By prescription only. Discuss options with your PCP. Cologuard Information Here	Automatically	20	Max of 1
Screening – Cervical Cancer	Automatically	20	Max of 1
<u>Cervical Cancer prevention Guidelines</u>			
Screening – Prostate Cancer Recommendations for Early Detection	Automatically	20	Max of 1
Screening – Skin Cancer	Automatically	10	Max of 1
Look for communications for our onsite OnSpot  Dermatology Bus at your location. If seen with other  Dermatologist (NOT OnSpot) or not using Cigna  Insurance, an Affidavit & physician form required for validation.			
Annual Physical -Preventive Exam Read the importance of an Annual Physical	Automatically	20	Max of 1
Well Woman Preventive Exam  Read how to make the most of your  Well Woman Appointment	Automatically	20	Max of 1
Annual Physician Ordered Lab Work	Automatically	30	Max of 1
Preventive Dental Exam <u>Learn Basic Dental Care</u> Cigna Dental Group: 3337200  1-800-CIGNA24 (1-800-244-6224)	Automatically	10	Max of 2
Annual vision/eye exam Group: 0236252 (Superior Network) Member Services: 1-833-393-5433 <a href="http://www.metlife.com">http://www.metlife.com</a>	Self-Reported	10	Max of 1